



# THE BUZZ



ADVANCING FUTURES BURSARY PROGRAM DECEMBER 2011 EDITION

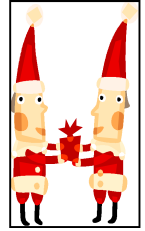
## ARE YOU LOOKING TO CONTINUE YOUR EDUCATION AFTER YOUR DEGREE?

One day you will finally finish your degree (woo-hoo!) with the assistance of *Advancing Futures*. Ever wondered what sort of scholarships and bursaries are out there to help you achieve your masters degree?

Check this out!

<http://alis.alberta.ca/et/fo/scholarships/ABScholarships.html>

- \* Pick "Graduate students" from the pull down bar
- \* Find scholarships and bursaries from \$1000- \$15000



*ALIS has a LOT to offer students at every level, have a peek if you are bored!*



## No Living Allowance for January?!

Well, that is what will happen if you do not get your **direct deposit form** into us ASAP.

If you have not done so already, please submit your completed form and fax it to 780-644-6905 before the New Year. Call us at 780-415-0085 if you need help.



## Thrifty Christmas Gift Ideas!

So...Christmas is getting closer...our wallets (and pants) are getting tighter. What's a poor starving student to do? Here are some nifty ideas:

- Bake yummy holiday cookies and give as gifts! It's cheap to buy the ingredients and everyone will really enjoy them!
- Have a re-gift exchange with friends. Everyone brings a gift they don't want or need, wrap it up, and everyone take turns choosing a mystery gift!

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BURSARY PROGRAM  
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*If there is anything you would  
like to see featured in the  
newsletter, please let us know.*

*E-mail suggestions to  
[Advancing.Futures@gov.ab.ca](mailto:Advancing.Futures@gov.ab.ca)*

*Or, if you have an update  
or story you would like  
published, send it our way!*

## Merry HO HO!

May the spirit of the season bring you  
joy,

The gladness of the holidays give you  
hope, and

The warmth of your loved ones and  
friends surround your heart with love.

The Advancing Futures bursary team!



To: AFB  
Love: Santa

## FREE COOKIES!!!

Now that we have your attention:  
Due to schools being closed for the  
holiday season, the AFB team have  
asked Santee-Claws to deliver the gift  
of Living Allowance a tad early.  
Cheques will be available starting  
December 16th - check with your school  
for details.

### **REMEMBER:**

This Moolah is to cover your **January**  
costs, so stay away from slot machines,  
candy dispensers, and mooching friends  
to make your pennies last!

## Entertaining on a Budget

Brought to you by  **momentum**  
A Community Economic Development Organization

With the festive season just around the corner, it's time for holiday get-togethers and yummy feasts. Now, who will volunteer be the host of all these pricey occasions?

### **Hints & Tips**

The most economical party will be the one that doesn't fall during a meal time. So, instead of having friends over for lunch or dinner, who not invite them for an afternoon snack at 2pm or games night at 8pm? To cut costs even more, you can make it a potluck where everyone brings an item to share.

If your gathering does fall on a mealtime, throw in a vegetarian twist. This is bound to decrease your costs, as meat tends to be the most expensive item on your grocery list. Also, buying produce that is in-season could lead to great savings.

One of Momentum's **favorite party ideas** is throwing a **Clothing Swap**. It's a way of getting some friends together as well as revamping your closet at no cost. Each person brings their unwanted clothes, jewelry, bags, shoes, accessories, make up, etc. All items go in the middle of the room and on the word "Go" everyone digs in to find some treasures to take back home with them. You'll all be surprised how your unwanted goods can be a treasure to a good friend, or your too-short pants end up being a perfect fit for another. The same idea can be adapted for swapping baby things, kids' clothes, men's' ties, household goods, etc. At the end of the Swap, the leftovers can be donated to a charity of choice. Give it a try!