

# FASD – Parent Learning Series

## Parental Expectations for an Adult Child affected with FASD

**Session date:**

Tuesday,  
October 21, 2008  
6:30 – 8:30 PM

### [Online Registration](#)

<https://vcscheduler.ca/register?id=199166-8511>

**Register before:**  
October 15, 2008

Registration  
trouble?

[e-mail](#)

[cs.multimedia@gov.ab.ca](mailto:cs.multimedia@gov.ab.ca)

### **Featuring: Mary Berube, MSW**

Mary Berube (Vandenbrink) is well known professionally as an advocate, speaker, and programmer regarding Fetal Alcohol Spectrum Disorder and substance use during pregnancy. She is also the adoptive mother of two young men who were diagnosed with FASD in their late teens. She has presented over 600 information sessions, seminars and workshops regarding FASD and its related secondary disabilities, and has participated in numerous media presentations and videos. She is committed to addressing the needs of substance-using mothers through intensive supports and specialized services.

Raising children with special needs is truly a lifelong commitment that does not have either an endpoint or any discernible break in the hands-on role of parents. For these parents, there is a lifelong concern that their adult children with FASD will always need support to manage many aspects of their lives.

### ***Learning Objectives:***

- How to appropriately separate while remaining in life-long care giving
- How to find or create parental support
- How to protect oneself from compassion fatigue and burnout
- How to find food and shelter
- When to say no to an adult with FASD
- How to determine how capable the affected person really is
- What to do about finances, wills and the role of the public trustee
- What to do when the FASD adult child becomes a parent
- How to protect and maintain other familial relationships while care giving



**Alberta**