



## **EDMONTON ADOPTION CLINIC**

### **FOR WHOM:**

- Internationally adopted children & their parents
- Special needs & older adoptees & their parents

### **WHERE:**

Royal Alexandra Hospital  
2<sup>nd</sup> Floor, Children's Pavilion  
10240 Kingsway Avenue  
Edmonton AB T5H 3V9  
Telephone: (780) 735-4605  
Fax: (780) 735-4071

### **GOALS:**

- Offer pre-adoption counseling for parents adopting children internationally & special needs domestically
- Provide medical assessment upon placement of child in home

### **THE TEAM:**

- Pediatrician – Dr. Cecilia Baxter
- Nurse
- Social Worker
- Occupational Therapist
- Subspecialty referrals for medical, nutritional, & psychosocial issues

### **THE FOLLOWING SERVICES WILL BE OFFERED BY OUR STAFF:**

#### **PRE-ADOPTION VISIT:**

- Medical History Review
- Videotape/Photograph Review
- Counseling of Parents
- Referrals to Travel Clinic

#### **IMMEDIATE POST ADOPTION VISIT:**

- Referral by & liaison with primary care physician ideally within 2 weeks of arrival in the home
- Diagnosis & Management of acute problems, screening lab tests
- Review of how child is settling/attaching in the home
- Developmental assessment by occupational therapist

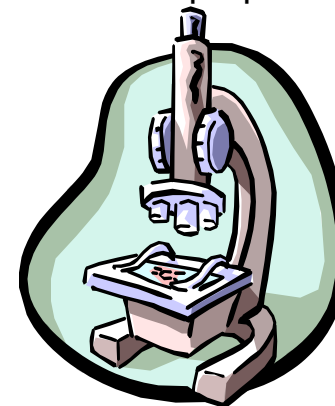
### **SCREENING TESTS**

#### **ALL CHILDREN**

- CBC
- HIV Serology
- Hepatitis B & C
- Thyroid Function (TSH)
- Syphilis Serology (RPR)
- Stools for ova & parasites
- Lead levels
- Mantoux (T.B.), Chest X-ray
- Alkaline phosphatase (rickets)
- Calcium
- Phosphorus

#### **DEPENDENT ON COUNTRY OF ORIGIN/ETHNIC BACKGROUND**

- Malaria Screen
- G6PD
- Hemoglobin electrophoresis, sickle cell prep



**SUBSEQUENT  
FOLLOW UP VISITS**  
**(3 Recommended)**

**2-3 MONTHS AFTER FIRST VISIT:**

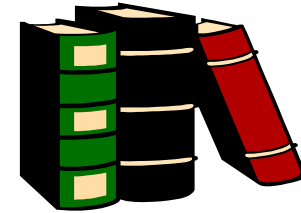
- Review of any medical problems
- Developmental assessment (Occupational Therapist)
- Review of how child is settling/attaching in the home
- Referral to appropriate Community agencies as needed.

**6 MONTHS AFTER FIRST VISIT:**

- Review of medical status
- Developmental assessment (Occupational Therapist)
- Review of how child is settling/attaching in the home
- Repeat lab screening for Hep. B & C & HIV
- Referral to appropriate community agencies as needed

**1 YEAR AFTER ARRIVAL IN  
THE HOME:**

- Review of any medical problems
- Developmental assessment (Occupational Therapist)
- Review of how child is settling/attaching in the home
- Referral to appropriate Community agencies as needed.



**ADOPTION LIBRARY:**

- Parenting books/Parenting magazines
- Articles on adoption
- Children's books on adoption

**FEES:**

- Pre-Adoption Counseling - \$125.00
- Post Adoption – Covered by Alberta Health Care